



CINNAM
coaching and innovation mentoring

REFERENCE | BEHAVIORAL COACHING | LIVIA

“They have been very useful months to focus on some things that concern me closely (goals, problems, talents), to give them the right shot (skills in play and related behaviors), and to take periodic photographs of my path, professional and personal (thanks to the action plan and the diary of the gyms).

I acquired some new lenses, and I composed photo albums (the anchors) that I will leaf through frequently to continue to move with awareness and concreteness on the path indicated by my “North Star”.

You have been an extremely professional and attentive coach, but also participatory and inspiring. I really appreciated both the reformulation you gave to my thoughts (I felt in every passage that you understood very well what I was talking about, and what I had in my head without saying it) and the personal readings you gave to my acted behaviors.

I hope to have the opportunity to resume the conversation with you in the future.”

